



From left, Dokun Adeyemo, Raliat Alli, Emu Solotan, Lateefat Dairo, chairman of the project, Stella Lufadeju ; Demola Idowu, Juliet Ogboju, and Mr Ademola Alabi, during the training organised by Rotary Club for rural women in Ibadan, Oyo State.

Rotary District 9125 trains women on maternal, child healthcare

By Aramide Shanu

ROTARY Club Nigeria, District 9125 on Thursday last week organised a one-day training and empowerment programme for rural women in Ibadan.

The purpose of the programme was to enlighten women more on how to take care of themselves during pregnancy, childbirth, take care of the children as well as reduce the rate of infant mortality and death of women during child birth.

Speaking during the

event, a consultant obstetrician and gynaecologist at the Adeoyo State Hospital, said: "Our aims are to ensure complete healthcare of all children in the community and of women during their productive years.

"Women need antenatal care, including regular examination, immunisation, proper nutrition and self-care so as to prepare them for safe delivery then post-natal follows immediately after childbirth."

He further explained that children need growth and de-

velopment monitoring, which include proper nutrition with emphasis on breastfeeding, immunisation, health education for mothers to ensure healthy children.

Also speaking at the programme, chairman of the project, Mrs Stella Lufadeju, described the programme as an outreach to give back to society and to bring an end to death of mothers during labour.

She said, "The training is for women to take care of themselves, the health of their wards and to reduce mortality rate of women

bearing children.

"We have been giving knowledge empowerments to women since 2015, and it is scheduled for twice in a year: March and September.

"We are happy that this year's programme came shortly after COVID-19 has reduced and we strictly adhered to the rules by washing our hands and wearing facemasks."

She disclosed that the training was funded by Rotary Club of Limburgerhof/Vorderpfalz and District 1860, Germany.